

Egg Prep Recipe Information

State:

Contestant Name:

Please list below the name and a brief description of the recipe to be demonstrated. Give the complete recipe following the directions given in Rules #8 and #22. This recipe will be submitted to the judges as typed. Once complete, please submit to Jacquie Jacob at jacquie.jacob@uky.edu.

Recipe Name:

Description:

Preparation time from start to finish:

Estimated time needed in contest site kitchen to prepare for demonstration, including the time required for ingredient preparation, cooking, and set-up of demonstration table and posters.

Equipment:	Yes	No	Time needed	Equipment:	Yes	No	Time needed
Surface unit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Microwave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Oven	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Refrigerator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Oven temperature	<input type="text"/>	<input type="text"/>		Electrical outlet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>

RECIPE